

START Aldbury village green (GR 965125)

- 1.1 Leave Aldbury village green on Toms Hill Road. In 50m, **bear left** on stony track. Ignore all turns and cross tracks and continue steeply uphill. Track joins from the right. Continue up hill to reach open area with Bridgewater Monument to the left. Pass café/shop on the right and follow roadway round to main drive. Ahead down drive and in 300m, at green footpath sign on right, **turn right**. Concrete track quickly changes to broad rutted track and follow in same direction for 1000m, ignoring all cross-tracks and passing field on left. Reach a driveway with house on left and ahead to road (GR 974118).
- 1.2 **CROSS ROAD WITH EXTREME CARE** and continue ahead for 500m. Pass waymark post with white arrow and in 10m **turn left** at waymark post. In 100m, at waymark post **turn right**. Ignore tracks from right and left and continue ahead to emerge onto open common. **Bear right** keeping woods on right. In 200m re-enter woods at waymark post showing Ashridge Estate Boundary Trail (AEBT) and in 60m, where track bears right, continue ahead for 50m. At waymark post, **turn right** onto wide track to reach small car park at top of Norcott Hill, large brick wall opposite (GR 969105).
- 1.3 **Turn left** onto lane and descend on lane for 500m then **turn right** at first junction, blue “TP” sign in hedge. In 150m follow lane as it turns left. In 200m, immed before bridge over railway, **turn right** onto Public Bridleway and follow onto enclosed path, keeping railway on left. Path turns right away from railway and in 90m, **turn left** between hedge and fence. In 80m, **turn left** thro hedge and cross field to cross footbridge over railway. Cross second field and emerge onto lane. **Turn right** and follow lane over canal bridge to reach main road at BMW dealers.

Cow Roast 6 km, 4 miles (GR 960103)

- 1.4 **CROSS BUSY ROAD WITH EXTREME CARE** towards Cow Roast pub and **turn right** on pavement opposite. In 20m **turn left** onto track (footpath sign “Tinkers Lodge ½”). Follow track for 800m to reach road. **Turn left** and pass under road bridge. Immediately **turn right** between metal barriers onto concrete track (footpath sign “Hemp Lane ½”).
- 1.5 In 120m, just after path becomes enclosed, **turn left** thro kissing gate and cross field on path. Thro second kissing gate and ahead with bank and fence on right. Thro small metal gate, still with fence on right to reach edge of woods and thro kissing gate. In 40m at fork, take **right fork** (FP sign “Church”) and in 200m thro kissing gate and ahead with hedge on right. Thro next kissig gate now with hedge on left. At top of field, ahead thro kissing gate and cross field to enclosed path and emerge onto road **TAKE CARE TO CROSS ROAD** and **turn left** to reach checkpoint in car park next to village shop
- 1.6 **CHECKPOINT – WIGGINTON 8.5 km 5.5 miles**
- 1.7 Leave checkpoint and turn right on pavement. Follow road down then up. **BEWARE – NO PAVEMENT ON LATER PART OF ROAD**. Just after last of houses on the left, **turn right** thro kissing gate (footpath sign “Chiltern Way”) and cross field on path. Thro next kissing gate and **bear left** across field on path. Thro the next kissing gate to cross the corner of a field and then thro kissing gate and **bear left** again on path towards woods. In corner of field, thro kissing gate to cross track and reach waymark sign.
- 1.8 Continue ahead to yellow-topped way mark post and follow series of similar posts and white arrows on trees (the path here is often obscured by rutted tracks from vehicles) to reach road. **CROSS WITH EXTREME CARE** and ahead on track (footpath sign “Hawridge Common ¾”). Remain on track, passing Tring Grange Farm on right and then continue for 500m to reach road.

Near Hawridge Common 7 miles (GR 944071)

- 1.9 **Turn right** on road and in 140m, **turn right** onto path. Remain on track for 1200m, always keeping slope on left and hedge boundary on right. Ignore all turns to left and right. At 4 wooden posts, emerge onto road and **CROSS WITH CARE** to gravel driveway with cream-fronted house on right.

Near Cholesbury 8 miles (GR 933075)

- 1.10 Ahead on driveway and in 20m, **bear left** onto path. In 150m, reach road and **turn left**. In 25m, **turn right** onto footpath. In 150m, at rectangular sign “Cholesbury Camp”, **turn right** and follow path on bank for 300m keeping ditch of iron-age fort on left and ignoring stile on right. At cross-track, **turn right** (waymark post in base of holly tree). In 100m, thro small metal gate and ahead with fence and field on left. At kissing gate, ahead to second and third kissing gates to enter woodland.
- 1.11 **Turn left** and follow path for 800m keeping wood boundary and fields on left. Path becomes enclosed with holly bushes and reach T-junction. **Turn left** and in 100m, **turn right** to cross stile. Follow path as it winds thro woods. Beware of the dinosaurs! Cross stile across path and in 30m at fork with waymark post, **bear right**. At next waymark post (“The Chiltern Way”), ahead towards small metal gate and along enclosed path to reach road [*Beware following others – Loop 3 follows alternative route from here*]
- 1.12 **CROSS ROAD WITH CARE** and enter wood at finger post (“The Chiltern Way”). On leaving wood, **bear left** across field to hedge corner and ahead with hedge on left. At field corner, before entering wood, **turn right** on Chiltern Way with woods on left. At the end of the woods, cross wide track then cross field. Enter wood at waymark post and ahead for 300m to reach road.
- 1.13 **CROSS ROAD WITH CARE** to enter woods, keeping to right hand edge, atop small embankment. Leave woods now with fields on left and continue for 900m. At end of gorse hedge, **turn right** and in 20m **turn left** through kissing gate. Ahead across field to kissing gate and road. **TAKE EXTREME CARE – FAST ROAD. Turn left (no pavement for 300m)** and follow road down then up into Wigginton village to checkpoint in car park next to village shop

CHECKPOINT WIGGINTON 18km 11.5 miles

- 1.14 From checkpoint **turn left** and follow road to cross roads and ahead to The Twist. In 500m, at fingerpost (“The Ridgeway Footpath”), **turn right** through small metal gate. Descend on path through 2 kissing gates and cross bridge over A41 road. Path bends to right then left to descend to road. **Turn right on pavement** and in 50m **turn left** to cross **FAST ROAD** via central island. **Turn right on pavement and immed bear left** through gap beside large metal gate. Follow enclosed path for 700m and through gap beside metal gate to reach road. **Turn left** on road to reach t-junction. **BEWARE TRAFFIC TURNING INTO ROAD**
- 1.15 **Turn right** on pavement and follow road to Tring Station. Cross railway on road bridge (pavement on left hand side). Immediately after car park entrance, **turn right** thro kissing gate. Follow path round field keeping hedge on the left. At cross track at corner of field, **turn right** (FP sign Aldbury Common 1). Cross horse gallops track and in a further 80m, just before waymark post, **turn left** thro kissing gate. Ahead to kissing gate and thro to emerge on road. Continue ahead passing the Valiant Trooper on the right to reach Aldbury village green
- 1.16 **CONGRATULATIONS!** – you have completed the Tring Boundary Trail, Loop 2, 24 km, 15 miles.